

## WSAND 2018-19 membership- Year in review

**September:** This month was our Kick-off meeting with Susan Arendt, PhD, RD, FAND, speaking on child nutrition research in school breakfast/lunch environments.

**October:** FNCE® 2018 in Washington, D.C. WSAND's very own Christine Palumbo, MBA, RDN, FAND, was one of 8 Academy Medallion Award winners that were presented at FNCE®.

**November:** Attendees enjoyed appetizers and beverages to celebrate the start of the holiday season, and speakers summarized activities at FNCE® in Washington, D.C. Drawings were held for FNCE® related prizes.

**January:** Cristina Swartz, MS, RD, LDN, CNSC, from Northwestern Medicine Delnor Hospital in Geneva provided us with an update via webinar on Nutrition Support strategies for oncology patients.

**March:** WSAND provided a National Nutrition Month® activities calendar and links to volunteer opportunities to all members. WSAND members attended the IAND spring Assembly in Oak Brook, IL.

**April:** Our Year-end meeting featured Academy past-President Sylvia Escott-Stump, MA, RDN, FAND, who discussed the Nutrition Care Process and Evidence-based practice. Sylvia also provided insight on the future of Dietetics Professionals. Academy Sr. Scientific Director, Deepa Handu, PhD, RDN, LDN, provided an update on what's new at the Academy's Evidence Analysis Center, which helps empower RDNs with data to improve quality of care and patient outcomes.



President Janet Millikan passing the gavel to incoming President, Sue Rainey

## WSAND Election results

The Nominating Committee is pleased to announce the newly elected officers for the 2019-2020 WSAND membership year.

-President-Elect: **Victoria Glatz, MS, RDN, CSG**

-Nominating Chair: **Tiffany DeMay, RD, LDN**

-Treasurer: **Kelly Bodine, BBA, BS, RD, LDN**

The following officers will continue to serve in 2019-20:

President: **Susan Rainey, RDN, LDN**

Secretary: **Andrea Custer, MS, RD, LDN**

Immediate Past President: **Janet Millikan, MS, RD, LDN, ICH**

### **Volunteers Needed**

WSAND is seeking volunteers to fill several board positions for the 2019-20 membership year. If you enjoy sharing your expertise and creativity with fellow RDNs to keep WSAND viable with great member benefits, please reach out to Sue Rainey at [President@wsdadietitians.org](mailto:President@wsdadietitians.org)



**WSAND board members celebrate a successful programming year!**

### **Outcomes of the spring 2019 Academy House of Delegates (HOD) Meeting**

The spring 2019 HOD Virtual Meeting was held on March 30-31, 2019. The overall topic discussed was *Consumer Awareness and Changing Drivers of Food Choices*. The focus on the dialogue was the relevance of sustainability to consumer food choices and the role of nutrition and dietetics practitioners in guiding these choices through evidence-based practice and communications. These issues were explored through the areas of education and training, practice, and research. The HOD Workbooks are being shared with the Academy Foundation's Fellow, Marie Spiker, to inform the upcoming proceedings paper *Cultivating Sustainable Food Systems: A Nutrition-Focused Framework for Action* and the House Leadership Team is currently developing motions. Review the HOD Backgrounder and other meeting materials [here](#).

### **May 2019 HOD Meeting and HOD Evolution Designer Team Updates**

The HOD Evolution Designers finalized their taskforce work and submitted their report with recommendations on the future HOD Structure and Business Model. The House Leadership Team accepted the final report on Friday, March 29, 2019 and during the spring HOD Meeting, delegates were provided an overview of the report. Over the next two months delegates will participate in the next steps in the process. They have been asked to read the report, ask clarifying questions, seek member input, and participate in the HOD meeting dialogue on Monday, May 6, 2019. Following the meeting, there will be deliberations and voting on motions.

### **WSAND encourages RDNs to “Take Action!”**

Contact legislators to hear your voice on food & nutrition issues! Have you completed an Academy Action Alert? If you've never done one before, here is what you need to know!

- Visit the Academy Action Center - <https://www.eatrightpro.org/advocacy/take-action/action-center>. Click "Take Action"
- Log in with your Academy username and password.
- Enter your e-mail address and zip code.
- Select the appropriate Legislative Alert by clicking the envelope icon.
- A pre-written letter will appear. You can click "View" to see who the letter will be sent to, and also to edit the letter to add personal content.
- To send the letter, simply click the paper airplane icon at the bottom of the letter.

### **MARK YOUR CALENDARS:**

**-Check your email for WSAND membership renewal info in late summer!**

-Academy Advocacy Summit; July 11-12<sup>th</sup> Washington, DC

-FNCE® 2019: Come join your RDN colleagues in October 26-29, Philadelphia, PA;

<https://eatrightfnce.org/>

