

Illinois Academy
of Nutrition
and Dietetics

an affiliate of the
Academy of Nutrition and Dietetics

2026 ANNUAL SPRING ASSEMBLY

PROGRAM AGENDA

**DAY 1 - FRIDAY,
MARCH 20TH**

5.5 CPEU

(PRE-APPROVED BY CDR)

** Supported by
Pediatric DPG

11:30 AM

Registration | Vendors | Posters

12:00 PM

Event Start

12:05 PM

Sylvia Klinger, DBA, MS, RDN - *Advancing Health Outcomes through Culture-Centered Nutrition*

1:05 PM

Golda Ewalt, MS, RD, LD, CEC - *Cooking Demo - Exploring the World of Tinned Seafood: Beyond the Sardine*

1:55 PM

Break | Vendors | Posters | Snack

2:10 PM **

Melissa Bernstein PhD, RDN, LD, FAND, DipACLM, FACLM, FNAP & Meryl Fury, MS, RN - *Artichokes - Zucchini: Solutions for "I Don't Eat Vegetables"*

3:15 PM

Deanne Brandstetter, MBA, RDN, CDN, FAND, AND President - *Academy in Action*

4:20 PM

Break | Vendors | Posters

4:35 PM **

Lauren Spain, PhD, RDN, LD, CDCES, FAND - *From Breast Milk to Benchtop: Exploring the Clinical Promise of Human Milk Oligosaccharides*

5:40 PM

Wylecia Wiggs Harris, PhD, CAE, AND CEO - *Courageous Leadership*

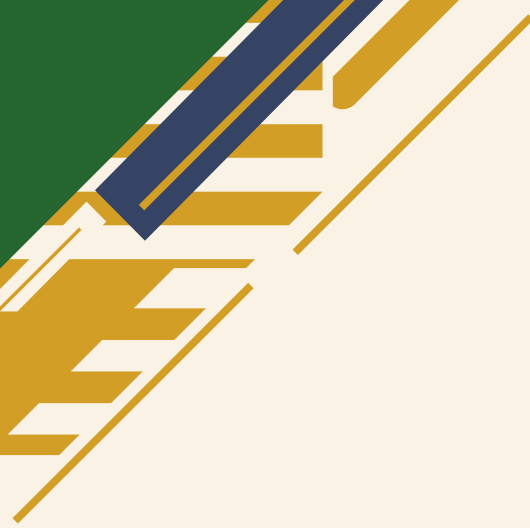
6:15 PM

Awards Presentation

6:45 PM

Appetizer Reception | Networking
Vendors | Posters





Illinois Academy
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eGFI
Academy of Nutrition and Dietetics

2026 ANNUAL SPRING ASSEMBLY

PROGRAM AGENDA

DAY 2 - SATURDAY, MARCH 21ST

6.5 CPEU

(PRE-APPROVED BY CDR)

** Supported by
Pediatric DPG

✦ Supported by
National Pork Board

8:30 AM

Registration | Vendors | Posters

9:00 AM

Event Start

9:05 AM

Sharon McCauley, MS, MBA, RDN, FADA, FAND, CDR
Executive Director - *Empowering the Dietetics
Workforce: Credentialing, Capacity, and Career
Growth in a Changing Landscape*

10:05 AM ✦

Meghan Daw Sedivy, RD, LDN - *Nourishing Health
and Connection at Every Meal*

11:10 AM

Lunch | Vendors | Posters

11:40 AM

Brooke Schantz Fosco, MS, RDN, LDN & Maria
Dellanina, LDN, RDN - *From Assistant to Amplifier:
Responsible AI in Dietetics*

12:45 PM

Kevin Pietro, PhD, RDN, CSSD, LDN, - *Building Allies,
Guarding Boundaries: The RDN's Path in
Interprofessional Education and Practice*

1:50 PM

Break | Vendors | Posters

2:10 PM **

Eileen Vincent, MS, RDN - *Baby Steps for Food
Allergy Prevention: The CAN DO Study*

3:15 PM

Jeanna Rich, RDN, LDN, CSO & Gabrielle Haskell, MS,
RD, LDN - *Advocating for Enteral Success: Expect
the Unexpected*

4:30 PM

Event End