



eat right. an affiliate of the
Academy of Nutrition and Dietetics

Illinois Academy
of Nutrition
and Dietetics

2025 FALL WORKSHOP

PROGRAM AGENDA

DATE: SEPTEMBER 12, 2025

LOCATION: ISU ALUMNI
CENTER – 1101 N. SCHOOL
ST. NORMAL, IL (ROOM 118)

3 CPEs pending CDR approval

**REGISTER NOW AT
WWW.EATRIGHTILLINOIS.ORG**

9:30 am

Check-in | Vendor Display |
Dairy item sponsored by
Midwest Dairy

10:00 am

Event welcome

10:05 - 11:05 am

Erin Meyer, MSFS, RD - *Healing
from the Ground UP: Food as
Health - A Dietitian's
Opportunity in Food System
Transformation*

11:10 am -11:40

Frank Rademacher from The
Nature Conservancy - Soil
Health Demonstration

11:40 - 11:55 am

Break | Vendors Open

11:55- 12:15 pm

Networking Lunch

12:20 - 2:00 pm

*A Deep Dive Discussion with
Leaders in Agriculture -*
Moderated by Christine Cliff
from Midwest Dairy | Q&A

2:00 pm

Closing Remarks



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SPEAKERS



*Healing from the
Ground UP: Food as
Health - A Dietitian's
Opportunity in Food
System Transformation*

**Erin Meyer,
MSFS, RD**



*Soil Health
Demonstration*

**Frank
Rademacher,
The Nature
Conservancy**



*A Deep Dive
Discussion with
Leaders in Agriculture-
Moderated by*

**Christine M.
Cliff, MPH,
RDN, LDN, CLT,
FAND**

Leaders in Agriculture Panelists



Harold Wilken
Organic Grain Farmer



Chad Leman
Pork Farmer



Karen Bohnert
Dairy Farmer



David Uhlman
Cattle Farmer



Anya Knecht
*Regenerative Farmer
& Researcher*